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Programele oferite

DESCARCĂ
MENIUL AICI



Rezultatele tale

нет уроков



14224 урока

Programele tale Fitness Mama



214 уроков

Bonusurile tale



2266 уроков

Sprinturile de 5 zile



8 уроков

5 tehnici de Automasaj

Programul lecțiilor

23 iunie, понедельник

03:00 [Bikini Boom 3 = 8min](#)

03:00 [Ziua 15 \(Spatele\) ≈ 7 min](#)

24 iunie, вторник

03:00 [Ziua 16 \(Pectorali, Brațe\) ≈ 7 min](#)

25 iunie, среда

03:00 [Ziua 17 \(Picloare\) ≈ 7 min](#)

26 iunie

03:00 [Ziua 18 \(Abdomenul\) ≈ 7 min](#)

27 iunie

03:00 [Full Yoga 8 Directional Static-Dinamic Sequence](#)

03:00 [Travel Pack Full Body 1 = 8min](#)

03:00 [Travel Pack Full Body 2 = 8min](#)

03:00 [Travel Pack Full Body 3 = 8min](#)

03:00 [Rezultate săptămânale 3 \(confidențial\) Lecție obligatorie, altfel nu vei avea acces la ziua următoare](#)

03:00 [Ziua 19 \(Umerii\) ≈ 7 min](#)

28 iunie

03:00 [Ziua 20 \(Fesele\) ≈ 7 min](#)

29 iunie, воскресенье

03:00 [Ziua 21 \(Yoga\)](#)

30 iunie, понедельник

03:00 [Bikini Boom 4 = 8min](#)

03:00 [Bikini Boom 5 = 8min](#)

03:00 [Bikini Boom 6 = 8min](#)

FUND
BOMBAT

LIFETIME Maraton 21 de zile, Fund Bombat

Grupul participantelor la curs

ABDOMEN
PLAT

LIFETIME Maraton 21 de zile, Abdomen Plat

Grupul participantelor la Maratonul de 21 de zile. Start - 1 septembrie

Live-uri ▶

Chatul clubului ↗

facial cu Daria Goroșenco

80 уроков

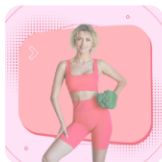
Curs 60 de zile «Bikini Body» Start 5 Iunie



Fără lecții

Curs 60 de zile «Metabolic Reset»

нет уроков



76 уроков

Curs 60 de zile «Bikini Body»



167 уроков

Curs 60 de zile «Anticelulitic Booster»



44 урока

Sprint de 5 zile - Exclusiva

Ai rămas la lecția

Parametrii inițiali - introduceți aici

Continuă

Link-uri utile

- [Telegram](#)
- [Baza de cunoștințe](#)
- [Site](#)
- [Programe în parteneriat](#)

Abonează-te

- [Instagram](#)
- [Suport tehnic](#)
- [Chatul clubului](#)
- [Canalul de Youtube](#)

Ai o întrebare?

- [Scrie echipei de suport](#)
- [Solicită o consultație](#)

Graficul de lucru al echipei de suport

Luni-Vineri - 10:00 - 18:00 ora București

Albinuțele mele te vor contacta în următoarele 24 de ore din momentul apelului. Dar nu-ți face griji, revenim mult mai rapid.

[Scrie echipei de suport →](#)

Abonează-te la pagina noastră pe rețelele de socializare și fii pe fază!



Revision #1

Created 27 June 2025 11:37:06 by David

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